

Ted J. Horowitz, DSW, MSW, RSW

Doctor of Social Work ♦ Registered Social Worker

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CURRICULUM VITAE

Education

1987 ADELPHI UNIVERSITY

Doctor of Social Work

(Garden City, NY) 1987

1977 NEW YORK UNIVERSITY

Master of Social Work

(New York City, NY) 1977

1970 QUEENS COLLEGE

Bachelor of Arts, English Literature

(New York City, NY) 1970

Professional Social Work Practice

1999 – present (Toronto, Ontario)

1981 – 2004 (New York City, New York)

Current Practice

REGISTERED SOCIAL WORKER
IN PRIVATE CLINICAL PRACTICE

1981 - present

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FOUNDING TEAM MEMBER of “ FAMILY SOLUTIONS,”
a multi-disciplinary group providing clinical services to
assist separated/divorced parents and their children.

2003 - present

❖ **Clinical Services for the issues of family life:**

- Custody and access assessment
- Mobility assessment
- Mediation
- Arbitration
- Parenting plans / Parent capacity evaluation
- Parent coordination
- Parent – child reintegration programs
- Expert testimony and reports
- Critiques of completed assessments

❖ **Psychotherapy:**

- individual (child, adolescent, adult); marital/couple; family; multiple-family; and group therapy modalities.
- mood, personality, and character disorders; alienation; sexual dysfunction; stress and anger management; verbal and physical abuse; post-traumatic stress disorder; social phobia.

❖ **Supervision:**

- supervision and training of clinical social workers seeking to meet professional certification and licensing requirements.

❖ **Research:**

- participation in task force investigating the needs of, and the mechanisms for delivery of concrete and clinical services to, high conflict families in the Toronto, Ontario area.

HEALTHWAYS, INC.

1999 – present (Toronto, ON.)

❖ **Behavioral health consultant providing clinical and administrative services:**

- Individual and group psychotherapy and hypnotherapy
- Program planning and development
- Lectures, seminars, and workshops
- Health coaching
- Professional development and training

Previous Professional Practice

Supreme Court of the State of New York, Nassau County, Matrimonial Division

Forensic Clinical Social Worker (independent contractor)
1999 – 2004

Family Court of the State of New York, Nassau County, Matrimonial Division

Forensic Clinical Social Worker (independent contractor)
1999 – 2004

United Services for Mental Health

Clinical Consultant; Marriage & Family Services
1992 – 2003 (NY)

Great Neck Cardiovascular Center

Clinical Social Work Consultant.
1986 – 1995 (NY)

Association For The Advancement of Blind and Retarded

Coordinator of Clinical Services
1982 – 1985 (NY)

Lifelong Family Services

Program Director
1982 – 1984 (NY)

Contemporary Guidance Services

Director of Family and Residential Services
1979 – 1982 (NY)

Kingsboro Psychiatric Center

Psychiatric Social Worker
1977 – 1979 (NY)

University Teaching Positions

Adelphi University
Doctoral Division, School of Social Work
1993 – 1998 (NY)

Adelphi University
Undergraduate Division, School of Social Work
1984 – 1985 (NY)

**College of New Rochelle, School of New Resources,
Undergraduate Counseling Division
1981 – 1986 (NY)**

**Continuing Education
and
Specialized Training**

- **Joan Kelly, PH.D. - - Seminar on Custody and Access**
- **Family Law Arbitrtion - - Seminar / certificate, Riverside Mediation Center**
- **Family Law Arbitration - - Certificate Program, 40 hours** (Univ. of Waterloo)
- **Preventing Child Abuse** (New York Medical Society)
- **Divorce Mediation and Arbitration** (Center For Family & Divorce Mediation)
- **Domestic Violence Screening** (Center For Family & Divorce Mediation)
- **Clinical Hypnosis** (Milton H. Erickson Society for Psychotherapy and Hypnosis)
- **Mind-Body Medicine** (National Institute for the Clinical Application of Behavioral Medicine)
- **Family Solutions**, ongoing “high conflict family” case conferences and training.
- **Law Firm of Jerome Wisselman, P.C.**, seminars on legal issues in mental health.
- **Bardavid Consultation Group**, monthly case conference workshop.
- **United Services for Mental Health**, multiple presentations on divorce, parenting and the issues of single parenthood for mothers and fathers.
- **Workshops, Seminars, and Conferences:** These have included, but are not limited to: custody & access and mobility assessments, mediation and arbitration, legal issues in mental health, parent alienation, high conflict divorce, and the myriad issues of contemporary traditional and non-traditional family life for both children and adults. Clinical treatment theory and techniques. Areas of clinical theory and treatment techniques include, but are not limited to, the following therapies: cognitive, modern psychoanalytic, rational emotive, couples, sexual dysfunction, family, behavioral health, stress and anger management, mood, personality, and character disorders.

Professional Memberships, Certifications, and Licenses

- Ontario College of Social Workers and Social Service Workers
- Ontario Association of Social Workers
- Association of Family and Conciliation Courts
- National Association of Social Workers
- Academy of Certified Social Workers
- New York State Licensed Social Worker (R-019413-1)
- The Milton H. Erickson Society for Psychotherapy and Hypnosis

Professional Presentations and Activities

- **Speaker / Trainer / Coach** on the issues of contemporary family life and lifestyle changes (divorce, separation, single parenting, alternative living arrangements); the rights and best interests of children experiencing family conflict; the rights of the mentally ill / mentally retarded / developmentally disabled and; biopsychosocial stress / health management theory, research, and clinical techniques.
- **Lectures presented** to a broad range of professional and community organizations including television and radio appearances. In addition to the above, Dr. Horowitz is the exclusive subject of an article that appeared in the New York Times, Sunday, March 1, 1998, entitled, "*Help With Stresses of Single Parenthood.*"
- **Parent Coordination Task Force Committee Member**, examining potential service delivery systems to provide Parent Coordinators to lower socioeconomic agency populations.
- **Presentation on Parent Alienation**, JF&CS High Conflict Family Symposium, (April 6, 2005.)
- **Task Force** member, ongoing "think tank" and research project on needs assessment and service delivery to "*High Conflict Families,*" hosted by Toronto JCC (JF&CS).